

USA HEALTH SPORTS MEDICINE Fellowship Program





Salary & Benefits

\$59,935

Relocation Assistance: \$2.00 per mile up to a maximum of \$1,200.

Vacation: Three weeks paid vacation per year (15 working days).

Health & Dental Insurance: Fellow and immediate family are offered a shared cost health plan through the Blue Cross Blue Shield.

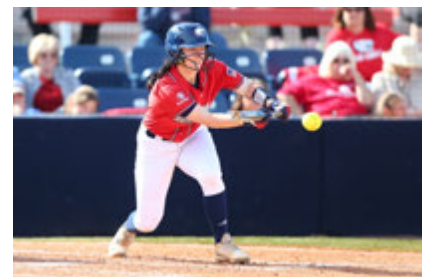
Professional Liability Coverage: Coverage for professional activities is provided at no cost.

Life Insurance: 125% of salary.

Tuition Reimbursement: Partial tuition reimbursement of college courses for self, spouse or children.

Bookstore Discounts: Ten percent discount on books and supplies at the university bookstore.

Recreational Facilities: Use of the University of South Alabama Student Recreational Center for \$10/month. Visit <https://www.southalabama.edu/departments/campusrec/studentrecreationcenter> to learn more about Rec Center.



USA Health is Transforming Medicine™ along the Gulf Coast.

Beginning with the founding of the USA College of Medicine in 1973, USA Health stands as the only academic medical center along the upper Gulf Coast. It provides excellent healthcare to the region's diverse population at USA Health University Hospital and the renowned USA Health Children's & Women's hospital, one of only five freestanding hospitals in the country dedicated to the healthcare of children and women. Continuous research and technological advancements keep USA Health Mitchell Cancer Institute at the forefront of cancer treatment and outcomes. The health system employs 3,900 clinical and nonclinical staff members, including some 180 academic physicians who serve dual roles treating patients and teaching the next generation of medical doctors.



Curriculum

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Acute Injury Clinic USA Sports Medicine Clinic	USA Training Room	USA SM Clinic	High School Clinic	USA Training Room or USA SM
Lunch					Didactics
Afternoon	Weekly Ultrasound & USA Training Room	Community Sports Medicine	USA SM Ortho Specialty Elective	Ortho Subspecialty Elective Community SM	Continuity Clinic
Evening	Game/Event Coverage				
Once a Month	Journal Club with PCSM and Ortho Sports Medicine *Electives: Cardiology/Physical Therapy/Research/Exercise Science Lab/Ortho OR Time/Pediatric, Trauma, Sports, Foot/Ankle, Hand/Upper Extremity Orthopedics/Radiology				

Sports Coverage:

Colleges:

Division 1 Football Bowl Subdivision (FBS) USA Jaguars

Division 2 Spring Hill College Badgers

Semi Professional Football:

Fairhope Storm

High School:

Leflore Rattlers

Williamsville Lions

Daphne Trojans

Vigor Wolves

Chickasaw Chieftans

Mass Participation Events:

Mobile Marathon

Grandman Triathlon

Program Director, James Toldi, DO



James Toldi, D.O., earned his medical degree from Lake Erie College of Osteopathic Medicine in Bradenton, Fla. He then completed his residency training in family medicine and sports medicine at Florida State University College of Medicine at Lee Memorial Hospital in Fort Myers, Fla., and a fellowship in sports medicine at the University of New Mexico College of Medicine in Albuquerque, N.M.

Prior to joining USA, Dr. Toldi served as a sports medicine physician at San Diego Sports Medicine and Family Health Center in San Diego. He also brings experience as a Division 1 collegiate team physician at San Diego State University, the University of New Mexico and Florida Gulf Coast University.

He is a member of the American Medical Society for Sports Medicine, American College of Sports Medicine, American Medical Association, American Academy of Family Physicians and the American Osteopathic Association.

Toldi treats all sports related injuries but has a passion for concussion education, evaluation and treatment. He has developed a systematic approach to screening concussions as well as safe, evidenced based return to learn and return to sport protocols. Toldi is the medical director of the USA Health Concussion Program. In this role, along with his team of physical therapists, athletic trainers, researchers and medical providers, they provide the community and local schools with concussion education, baseline testing and dedicated clinic follow up with the latest evidence-based protocols. Toldi looks to continue to expand the concussion field with multiple designed research projects.

Assistant Program Director, Keith Spain, MD

Keith Spain, MD, CAQSM works with The Orthopaedic Group, PC. Dr. Spain specializes in non-surgical treatment of orthopaedic injuries and conditions and medical conditions in athletes of all ages and abilities. He has a particular interest in diagnostic and interventional musculoskeletal ultrasound, minimally invasive procedures, and regenerative medicine.

Dr. Spain graduated from Tulane University and attended the University of South Alabama Medical School. Dr. Spain completed his family medicine residency at Halifax Medical Center in Daytona Beach, Florida. Following residency, he practiced emergency medicine before completing a fellowship in sports medicine at the University of South Florida-Morton Plant Mease. In training and practice, he has served as team physician for several high schools, colleges, and professional sports teams.



Dr. Spain has additional specialty training in minimally invasive and ultrasound guided procedures, orthobiological regenerative medicine (stem cell treatment, bone marrow techniques, platelet rich plasma), and the innovative Tenex Health procedure for chronic tendinopathy.

Mobile, the original home of Mardi Gras, is a beautiful, historic seacoast city located near white, sugar-sand beaches. Home to the University of South Alabama, Springhill College, and Mobile University, Mobile plays host to many sporting events. With its temperate climate and over 200 sunny days a year, outdoor exercise is a daily activity for many Mobilians.



Department of Family Medicine

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